









POSH 5-1 Saints Prayer cards.indd 1

## Prayer to St. Jude

God the Father, give me hope.

Help me to know that Your hope is alive in me as I offer kindness, forgiveness and tenderness to others.

> I seek the calm that comes from trusting in Your hope and Your healing presence.

I trust that Your servant St. Jude walks with me in all the blessings and challenges of my life, and intercedes on behalf of my petitions. St. Jude, fill my heart with hope.

**(** 

Amen.



Priests of the Sacred Heart

Sacred Heart Monastery PO Box 900 . Hales Corners, WI 53130-09 ail Mary full of Grace, the Lord is with thee.

Blessed are thou among women and blessed is the fruit of thy womb Jesus.

Holy Mary Mother of God, pray for us sinners now and at the hour of our death.

Amen.



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## Prayer to the Sacred Heart

Most loving Heart of Jesus, fountain of every blessing, I adore You and love You. With deep sorrow for my sins I offer You my heart. Make me humble, patient, pure and totally obedient to Your will. *Grant, good Jesus, that I may* live in You and for You. Protect me in the midst of danger, comfort me in my afflictions. *Give me health of body,* assistance in my needs, Your blessing on all that I do, and the grace of a holy death. Amen.



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. For me, prayer is an aspiration of the heart, it is a simple glance directed to heaven, it is a cry of gratitude and love in the midst of trial as well as joy; finally it is something great, supernatural, which expands my soul and unites me to Jesus.

— St Therese of Lisieux

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U gentle and loving St. Anthony, whose heart was ever full of human sympathy, whisper my petition into the ears of the sweet Infant Jesus, who loved to be folded in your arms. The gratitude of my heart will ever be yours. Amen.



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